

Adoptable Trails

Green Hills Preserve (North Conway, NH)

- [Black Cap Trail](#)
2 miles out and back, moderate
- [Peaked Mountain Trail](#)
3.5 mile loop, moderate
- [Middle Mountain Trail](#)
3.7 miles out and back, moderate
- [Black Cap Connector Trail](#)
8.9 miles out and back, hard

Ossipee Pine Barrens Preserve (Ossipee, Freedom, Madison, Tamworth NH)

- The Pine Barrens Accessible Trail
2 mile out and back, accessible/easy
- Cooks Pond Trail
1.9 mile loop, easy
- [Forest Ecology Trail](#)
1.2 mile loop, easy

Hurlburt Swamp Preserve (Colebrook, NH)

- [Swamp Trail](#)
1.4 miles out and back, easy

Fourth Connecticut Lake Preserve (Pittsburg, NH)

- [Lake Loop](#)
2.1 mile loop, moderate

Mt. Teneriffe Preserve (Milton, NH)

- [Back Mountain Trail](#)
2.1 miles loop, moderate

Frank Bolles Preserve (Tamworth, NH)

- Heron Pond loop Trail
2.5 miles, moderate
- [Lake Trail](#)
1 mile out and back, easy